



KS1 PE Knowledge Organiser Year 1 Sum 2 Ball Skills – Hands

What I will learn (sticky knowledge)

I can send a ball towards a target, applying the correct technique.
I can improve my concentration skills when focusing on a target, my partner and the ball.
I can demonstrate fairness and empathy as I work with others to play by the rules.
I can develop skills of self belief and honesty whilst keeping score and playing fairly

What I should already know

Children show good control and co-ordination in large and small movements.

They move confidently in a range of ways, safely negotiating space.

What I will learn next

To be confident to send the ball to others in a range of ways.

To begin apply and combine a variety of skills (to a game situation)

To develop strong spatial awareness.

To begin to develop an understand-

Key Vocab-	Definition
Throwing	means using your arm/hand to propel a ball with force through the air to a specific target or area.
Catching	means holding the ball with our hands that is hit or thrown to us usually before it touches the ground.
Rolling	is a method of sending the ball along the floor. A ball can be rolled using our hands towards a target or our partner.
Accuracy	is the ability to control where we throw or roll an object .
Aiming	is the ability to use our bodies to direct an object towards a target.
Opponent	means a player on the other team.
Batter	Batting is the skill of hitting a ball with a bat into a space to score runs. The aim of the game for the batter (attacking team) is to score as many rounders as possible.
Fielder	A fielder is a defensive position that is occupied while the other team are batting. The aim of the fielding team (defending team) is to prevent the batter from scoring.

