

Is conflict the best way to settle an argument?

What I should already know

- I can throw/hit the ball into **space** on my opponent's side of the court. After playing a shot I can recover to a ready position, ready to **return** the ball.
- I have developed my understanding of where, when and why I throw/hit the ball into **spaces** on my opponent's side of the court.
- I have developed life skills such as cooperation and encouragement as I play fairly against others, keeping the score.
- I can apply my skills with developing confidence as I have grown in my ability to show resilience and determination.

What I will learn next

- I will use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]

Key Vocabulary and definitions

Vocabulary for Learning	
space	An open area on the court that is unoccupied by your opponent. This could be at the side, front or back of the court.
return	Successfully hitting a shuttlecock back over the net, landing it in, on your opponents side of the court
outwit	Using your intelligence to trick or out smart your opponent to win a point.
recover	Returning to a position on the court, usually in the middle of the court on the baseline, ready to receive a shot from your opponent
Sport Specific Vocabulary	
forehand	A shot in which the palm of your hand faces the direction in which you are hitting the shuttlecock. Serve: Is the method of starting a game of tennis.
backhand	A shot in which you hit the shuttlecock with your arm across your body and the back of your hand facing the ball.
serve	A serve is from the baseline and the shuttlecock must be hit diagonally into the opponent's service box

What I will learn (sticky knowledge)

- To be able to execute the **backhand** and **forehand** technique with accuracy and consistency.
- To be able to use and apply the **serve** in games.
- To be able to demonstrate an understanding of where to play the shuttle and why.
- To understand the consequences if shots are not accurate and controlled. I will develop life skills such as communication and respect as I collaborate with others and play by the rules.
- To apply self-motivation and integrity as I strive to always try my best, even when I am losing or finding the skills difficult to apply.

Inspire Me

Badminton has been contested at the Summer Olympic Games since its introduction in 1992. The mixed doubles badminton tournament started in the 1996 Summer

