

KS1 PSHE Knowledge Organiser

Year 1 Autumn

Me and My Relationships

Valuing differences



What I	will	learn	(sticky	know	ledge)
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I can recognise that **bullying** is wrong and I can list some ways to get help in dealing with it.

I can recognise the effect of my behaviour on other people, and can cooperate with others (for example by playing and working with my friends, **family** or classmates).

I can identify and respect **differences and similarities** between people.

What I should already know

I know that people's bodies and **feelings** can be hurt.

I know what is fair/unfair, kind/unkind, right/wrong.

I can talk about the **different** ways that **family** and friends should care for one another (for example telling a friend that they like them, showing concern for a family member who is unwell).

I can talk about my opinions on things that matter to me with one other person/class.

I can offer constructive support/feedback to others.



Key Vocabulary	Definition
different	not the same
friendship	the state or condition of being a friend
teamwork	working together of a group of people
family	all those related by blood
bullying	someone who harasses and frightens others
similarities	something being similar; resemblance
feelings	an emotion
same	being one identical thing or person and not a new or different thing or person