

Is conflict the best way to settle an argument?

### What I should already know

- I can throw/hit the ball into **space** on my opponent's side of the court. After playing a shot I can recover to a ready position, ready to **return** the ball.
- I have developed my understanding of where, when and why I throw/hit the ball into **spaces** on my opponent's side of the court.
- I have developed life skills such as cooperation and encouragement as I play fairly against others, keeping the score.
- I can apply my skills with developing confidence as I have grown in my ability to show resilience and determination.

### What I will learn next

- I will use a range of tactics and strategies to overcome opponents in direct competition through team and individual games [for example, badminton, basketball, cricket, football, hockey, netball, rounders, rugby and tennis]

### Key Vocabulary and definitions

Vocabulary for Learning	
<b>space</b>	An open area on the court that is unoccupied by your opponent. This could be at the side, front or back of the court.
<b>return</b>	Successfully hitting a shuttlecock back over the net, landing it in, on your opponents side of the court
<b>outwit</b>	Using your intelligence to trick or out smart your opponent to win a point.
<b>recover</b>	Returning to a position on the court, usually in the middle of the court on the baseline, ready to receive a shot from your opponent
Sport Specific Vocabulary	
<b>forehand</b>	A shot in which the palm of your hand faces the direction in which you are hitting the shuttlecock. Serve: Is the method of starting a game of tennis.
<b>backhand</b>	A shot in which you hit the shuttlecock with your arm across your body and the back of your hand facing the ball.
<b>serve</b>	A serve is from the baseline and the shuttlecock must be hit diagonally into the opponent's service box

### What I will learn (sticky knowledge)

- To be able to execute the **backhand** and **forehand** technique with accuracy and consistency.
- To be able to use and apply the **serve** in games.
- To be able to demonstrate an understanding of where to play the shuttle and why.
- To understand the consequences if shots are not accurate and controlled. I will develop life skills such as communication and respect as I collaborate with others and play by the rules.
- To apply self-motivation and integrity as I strive to always try my best, even when I am losing or finding the skills difficult to apply.

### Inspire Me

Badminton has been contested at the Summer Olympic Games since its introduction in 1992. The mixed doubles badminton tournament started in the 1996 Summer

